

A photograph of the MIT dome at night, illuminated with warm lights. The dome is a large, white, cylindrical structure with a glass-paned top. Below the dome is a portico with several columns. The building is surrounded by trees and a lawn.

# Student Support Services (S<sup>3</sup>)

pronounced s-cubed

# About S<sup>3</sup>

- Hours of Operation
  - Monday – Friday: 9am – 5pm
- S<sup>3</sup> Staff
  - 6 deans, 1 program coordinator, & 1 administrative assistant
- How to contact us?
  - Email [s3-support@mit.edu](mailto:s3-support@mit.edu)
- Statistics
  - Approximately 70 -75% of students visit S<sup>3</sup> at least once during their time at MIT
  - 86% would recommend S<sup>3</sup> to a friend
  - Most referrals come from peers!



# What do we do?

- S<sup>3</sup> offers support, advocacy, and referrals for students facing academic or personal challenges
- This includes:
  - Help with brainstorming options or solutions to current challenges
  - Writing excuse notes for psets, classes, exams, etc.
  - Identifying and making a friendly connection to partners across campus
  - Money & Food Resources
  - Communicating about taking a leave from MIT and returning
  - Anytime you don't know where to turn to!

# Why should I reach out to S<sup>3</sup>?

- At some point you will encounter an obstacle, but you do not need to navigate it alone.
- It is helpful to have a relationship so that when you do need help, you know where to turn. However, it is okay if the first time you reach out is when you need help.
- You may have a concern about a friend or classmate and want some advice on how to support them.
- MIT is so BIG; We know about resources on campus that can help!



# When should I reach out to S<sup>3</sup>?

- Anytime! But reaching out early often allows for more options and more time to address any challenges.
- Don't get discouraged or think that it is "too late" to turn things around. There are usually options. Let us explore them with you.



# Frequently asked questions

- Is what I say in S<sup>3</sup> confidential?
- If I'm sick, what should I do about my exam or problem set the next day?
- If I'm dealing with personal issues that are interfering with my work, how do I talk to my professor about it?





Questions??