

Created by ISCHO, May 2019 Revised by ISO, October 2022





# GET TO KNOW YOUR NEIGHBOR

1. Introduce yourself

2. What activities have you already done in Boston that you recommend?

OR

3. What activities do you enjoy in general?





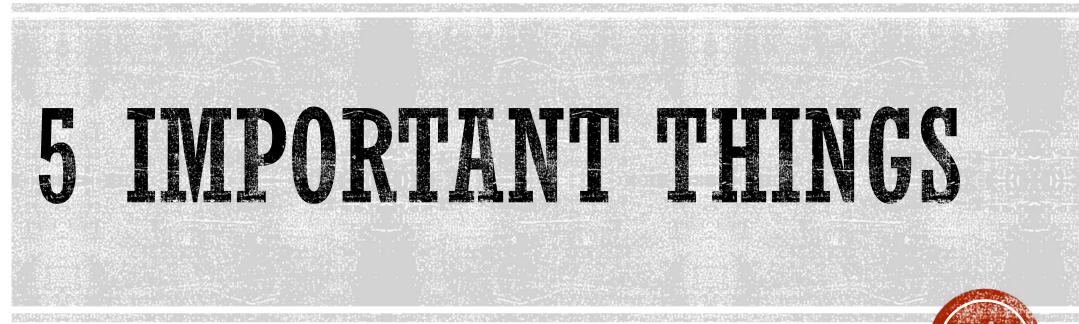
# USE ISO WEBSITE AS RESOURCE

#### "Life at MIT" website

- Connect with student cultural groups
- Understand tipping in the US
- Request a SIM card for cellphone
- Learn about Cultural Adjustment

Transitioning to MIT also includes info on Housing, Furniture, Weather, Groceries, Transportation, Banking ...and more!





1. Use your MIT ID to get into some museums for FREE!

2. Look for reduced-fee tickets at MITAC (MIT Activities Committee) for movies, museums, etc.

3. Use the MIT & your local public library system to check out FREE movies, books, & museum passes

4. Buy \$10 MBTA Commuter Rail weekend passes for unlimited travel outside Boston on Saturdays & Sundays

5. Follow <u>thebostoncalendar.com</u> for more ideas of cheap/fun things to do in Boston



# DISCOVER THE MIT COMMUNITY



Photo credit: mitac.mit.edu









# **NITACTIVITIES** COMMITTEE

The MIT Activities Committee (MITAC) offers discounted tickets to the MIT community for local arts and culture, sporting events, movies, & family activities. **To purchase, you must have an MIT ID (you can buy multiple tickets).** \*Spouses/partners can also purchase if they have MIT ID.

Stata Center (32)

**T-F, 12 pm to 4 pm** 

\*You can purchase tickets online; however they are mailed to you within 2-3 business days





**Anyone who is affiliated with MIT** can participate in the LCE to improve their language proficiency in English or another language (Open to students, scholars/postdocs, faculty, staff, and spouses/partners)

### LANGUAGE CONVERSATION EXCHANGE

#### https://lce.mit.edu/

Find a conversation partner on the website!

OR come to one of the fall events & meet a language partner:

- **Conversation Cafes (Bubble** Tea!)
- And other events



# Event sponsored by



Photo credit: GSC

all graduate students welcome

The GSC exists to enhance the overall graduate experience at MIT by promoting the general welfare and concerns of the graduate student body, creating new programs and initiatives to provide opportunities for growth and interaction, and communicating with the MIT Administration and Faculty on behalf of graduate students.

### GRADUATE STUDENT COUNCIL (GSC)

Join the <u>GSC Orientation events</u> in August!

Subscribe to the weekly **GSC Anno** newsletter for upcoming events in the summer/academic year:

https://gsc.mit.edu/anno/





## There is something for everyone:

- Newcomers connect
  - Social Connect
  - Parent Connect
  - Career Connect



Visit website for all info: <u>https://spouses.mit.edu/</u>

**Upcoming Events** 

- Weekly Wednesday Meetings
- English Conversation Group
- Monthly Crafternoons
- Career Connect
  Consultations & Conference





The International Students Office (ISO) assists students in maintaining their legal status in the United States, provides support for their dependents, & promotes interaction with and integration into the MIT community.

Weekly <u>e-newsletters</u> are sent out with info about events & important immigration reminders. You are automatically subscribed when you start your program at MIT.

# Upcoming Events:

Website: https://iso.mit.edu/

- ISO Virtual Forums
- Welcome Socials
  - Navigating MIT Series
  - Co-sponsoring events with
    Language Conversation
    Exchange (LCE) CAPD
    (Career Advising &
    Professional Development
  - Celebrating Holidays! (Halloween, Christmas, etc.)

Download a PDF of our latest newsletter, **"In League"** 

#### WZ MIT Women's League Creating community at MIT since 1973

#### Introducing the Clothing Cube!



March - May 2019

As part of the Women's League's ongoing commitment to support our student community, we're proud to announce the opening of the Clothing Cubel A spin-off from the ever-popular Fall Fashion Free-For-All, we now have a dedicated space on campus for students in need to stop by, year-round, if they need warm clothes or an interviewappropriate outfit, free of charge. We've partnered with **Career Advising & Professional Development, Class, Awareness, Support & Equality,** the **First Generation Program,** the **International Students Office and Student Support Services** to help get the word out. If you or someone you know would benefit from a trip to our free closet, ask for a referral from one of these departments.

Thank you to Mary DesPrez, Noreen Hagerty-Ford, Elaine Kweicien, Sis de Bordenave and Kate Baty and for getting the Cube up and running!

We can't do this without you! We're always looking for donations for the Clothing Cube and the FFFFA - particularly warm clothes and interview-ready threads in smaller sizes. Email wleague@mit.edu for more information.

#### **Chorale Spring Concerts**

The MIT Women's Chorale will hold its spring concert on May 11, our last concert under the baton of our inspired and inspiring Music Director, Kevin Galiè. Sadly, Mr. Galiè will be leaving the Chorale after 11 years with us, and he will be sorely missed. Our main work will be the beautiful Stabat Mater of the 18th century Maltese/Neapolitan composer, Girolamo Abos, with string ensemble and organ. The program will also include three French opera choruses, and an example of Gregorian chant.

Our main concert will take place at on May 11th at 5pm at Harvard-Epworth United Methodist Church, 1555 Massachusetts Ave.

Both events are free and open to the public. Parking suggestions will be posted on our website:

#### There are ways to:

- MEET people you may not otherwise meet
  - LEARN something new
  - HELP one another and the community
  - DISCOVER ways to make a difference
    - SERVE on a committee or board
    - LEAD an interest group or project
      - EXPLORE ideas
  - PARTICIPATE in a variety of programs

## WOMEN'S LEAGUE A CENTER OF COMMUNITY SERVICE

#### http://web.mit.edu/womensleague/

#### Sample events:

- English Conversation Classes
- Book Discussions
- Fiber Crafts Group
- Holiday Wreathmaking
- MITell: Storytelling
- Breakfast Series







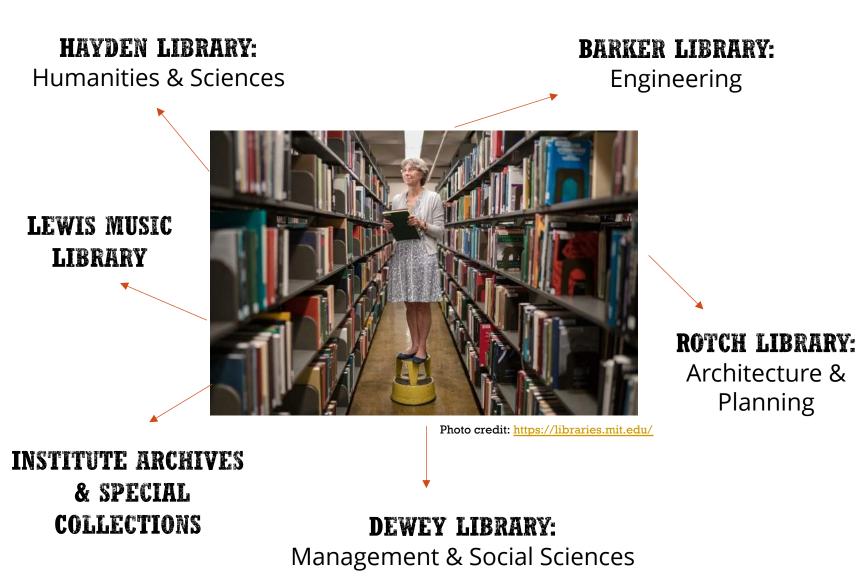
\*Check the App for up-to-date pricing\*: https://www.mitrecsports.com/mobile-app/

# MIT GYM RECREATION

#### http://www.mitrecsports.com

Memberships are included in your student activity fee. That means you can participate in all Open Recreation activities at no additional cost or pay the member/student rate for Private Lessons, Group Exercise, Wellness, and Instructional Programs.





**MIT LIBRARIES** 

### SAVING THE WORLD, BIT BY BIT.

Use your MIT ID to check out free books & movies.

Enjoy listening to music at the Lewis Music Library.







Asian Food: H-Mart 581 Mass Ave Cambridge, MA

&

3 Old Concord Rd, Burlington, MA







**Asian Food:** 

Super 88 Market 1095 Commonwealth Ave, Boston, MA 02215-1022

> & 188 Commercial St, Malden, MA 02148







ASIAN FOOD:

#### Jia Ho Market

692 Washington St, Boston, MA 02111





Indian Food: India Market 315 Moody St. Waltham, MA 02453

Make sure to check out the food court in the basement!

#### Little India

438 Somerville Ave, Somerville, MA 02143

(The US grocery supermarket, Market Basket, is just next to it!)





Russian/Eastern European Food: BAZAAR on CAMBRIDGE 424 Cambridge St. Allston, MA 02134





### Hispanic, Caribbean & African Food:

**Tropical Foods (El Platanero)** 

450 Melnea Cass Blvd, Roxbury, MA 02119





#### WEBSITES:

http://www.haymarketboston.org/ https://www.boston-discovery-guide.com/haymarket-boston.html

### HAYMARKET

Affordable produce & other groceries

Hours: Fridays & Saturdays, 8AM to 5 PM

\*Bring Cash! If you go by the T:

Haymarket line

If you go by car:

You can ask sellers **to validate** your parking ticket; your parking rate will be \$1 per hour; you can park for 3 hours maximum.

Haymarket Garage (Parcel 7) 136 Blackstone St





### **GROCERY STORES**

More info found under "Food" on Transitioning to MIT website: <u>https://iso.mit.edu/how\_to\_guid\_ e/food/</u>

#### **GROCERY SHUTTLE**

MIT Parking and Transportation Office has been sponsoring a shuttle to transport MIT students to and from Trader Joe's and Whole Foods Market

More information here



# **Cooking with Antoinette** <u>Online Recipe Book</u>



### ISO ONLINE RECIPE BOOK

Antoinette Browne in the ISO is a great cook and has shared her recipes with the MIT community through virtual cooking lessons. You can view her collection of recipes in the <u>Cooking with Antoinette</u> <u>Online Recipe Book</u>; included are also several student recipes. Feel free to share a recipe from your home country!

#### Contact: ajames@mit.edu





### SIGNATURE BOSTON DISHES

Clam Chowder, Lobster Rolls, Oysters, Fish & Chips, Boston Cream Pie, Baked Beans, Cannolis, etc

Check Out: DOLLAR OYSTERS

#### Take advantage of "Dine Out" Restaurant Weeks

Every March and August, enjoy discounted 'pre-fixe' lunch and dinner menus

 <u>https://www.bostonusa.com/di</u> <u>ne-out-boston/</u>



Photos from website: https://theculturetrip.com/nort america/usa/massachusetts/boston/articles/10signature-boston-dishes-you-need-to-try/



# DISCOVER THE CITY



Photos from website: Boston Globe

### Tours start at 148 Tremont St

Or FREE tour at Faneuil Hall National Park Service



# FREEDOM TRAIL

A walking tour of historic Boston

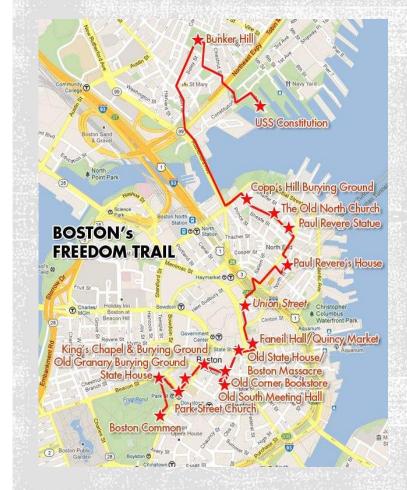






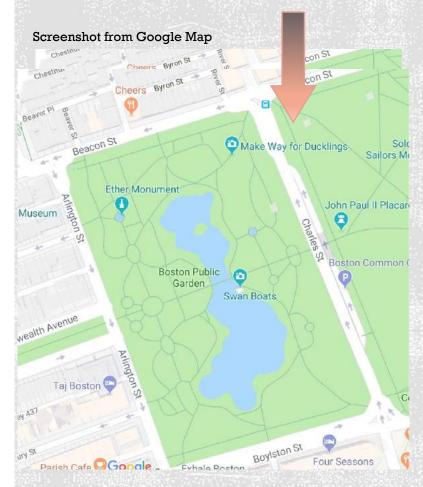
Photo from website: Boston Trolley Tour

Photo from website: TripAdvisor



## THE BOSTON PUBLIC GARDEN

#### **MAKE WAY FOR DUCKLINGS STATUE**



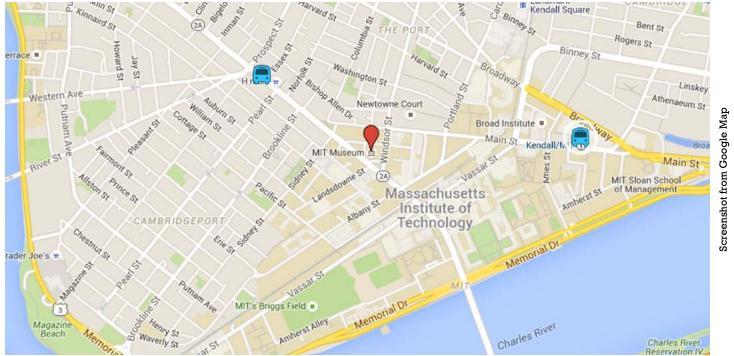
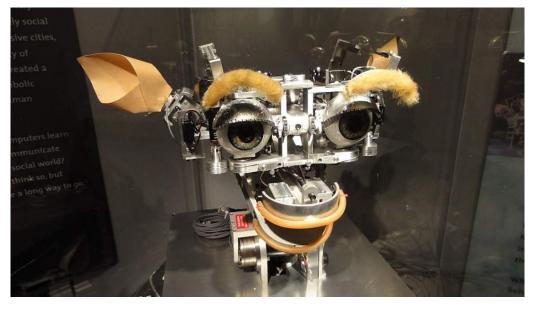


Photo from website: Linux Foundation Events



MIT museum

Free admission for MIT ID holders + one free guest \*Currently closed--Re-opening October 2022





Photo credit: Flick



## **BOSTON MUSEUM OF FINE ARTS**

Free for MIT ID Holders (Reg: \$25/adult)

Note: \$5 admission on Wednesdays (3pm to 4pm time slot)

\*Reservation required





Photo credit: Just Us Gals

# ISABELLA STEWART GARDNER MUSEUM

FREE for MIT Student and Employee IDs. Additional ticket available for \$8 at MITAC for MIT ID holders

(Reg price: \$20/adult)

\*Reservation required







INSTITUTE OF CONTEMPORARY ART / BOSTON

### ICA Free for MIT ID holders (Reg: \$15/adults)

Note: FREE for everyone on **Thursdays**, 5pm to 9pm \*Reservation required





Photo credit: Museum of Science

Photo credit: Blooloop





#### \$8 tickets available at MITAC for MIT ID holders

(Reg. price: \$29/adult)

Note:

- MoS tickets sold by MITAC have an expiration date.
  - Reservation required
- Free tickets available for MIT ID holders recently. Check out the MITAC and MOS websites





Photo credit: 1843 Magazine

Photo credit: hmnh.harvard.edu



HARVARD HUSEUMS Harvard Museum of NATURAL HUSTORY Natural History

\$8 tickets available at MITAC for MIT ID holders (Reg: \$15/adults)

FREE to Massachusetts residents every Sunday morning (year-round) from 9:00 am to 12:00 pm and on Wednesdays from 3:00 pm to 5:00 pm (September through May)

https://hmnh.harvard.edu/





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Photo credit: DuroTerra



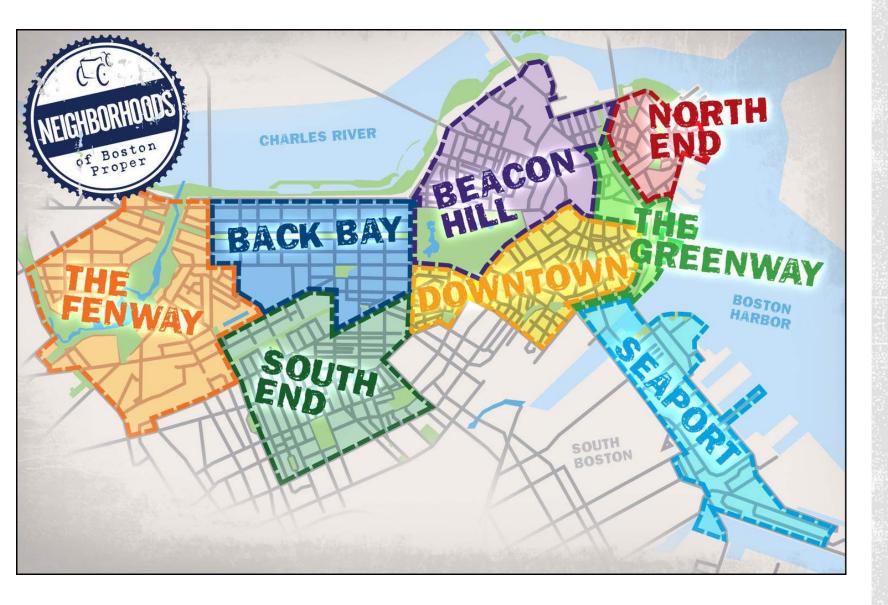


Protecting the blue planet

#### \$14 tickets available at MITAC for MIT ID holders

### (Reg: \$32/adult)

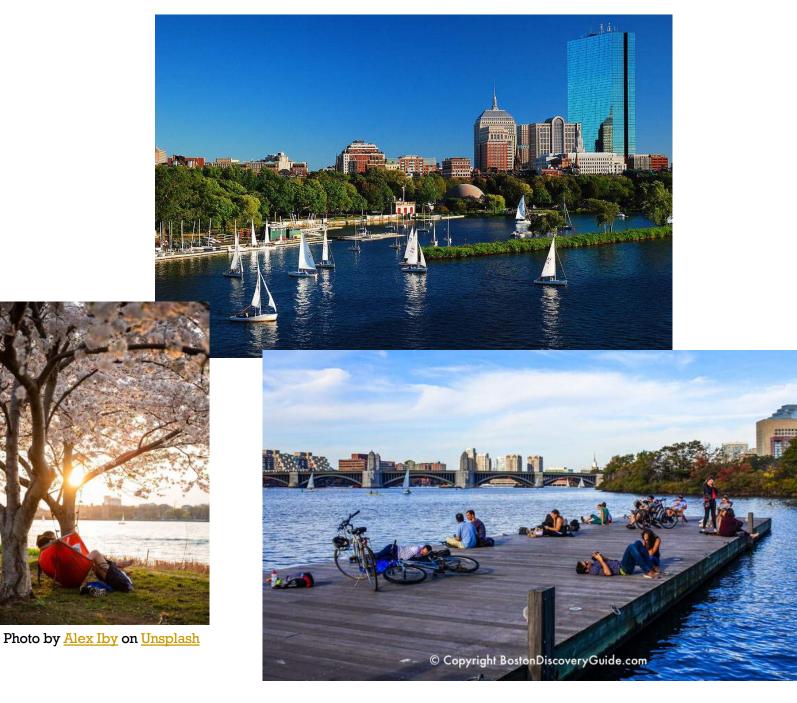




## BOSTON NEIGHBORHOODS

North End (Italian) **Beacon Hill Back Bay** The Fenway South End Downtown The Greenway Seaport **Theater District** Chinatown ALSO: Brookline (Coolidge Corner) Cambridge & Somerville (Camberville)





## BOSTON ESPLANADE

Walk Across the Longfellow Bridge (near Kendall Square)

- Stroll along the river
  - Enjoy the sunset
- Enjoy a live performance at the Hatch Shell stage





https://www.cntraveler.com/activities/boston/boston-harbor-islands-national-recreation-area

## BOSTON HARBOR ISLANDS

Take the Boston Harbor Islands Ferry from Long Wharf

Open May – October MIT card holders price: \$18 at MITAC (Reg rate: \$19.95)

#### bostonharborislands.org

- Visit historic sites
  - Go camping
  - See lighthouses
- Relax on a beach
  - Volunteer
- Enjoy a live performance





Photo by



#### Source: Pinterest

# ARNOLD ARBORETUM

Take the Orange Line to Forest Hills and walk for 10 minutes. Stroll the various paths and trails

#### Beautiful fall foliage in October & November

Flowers in spring: cherry blossoms in April & lilacs in May



#### **MBTA-Endorsed Apps**

There are a variety of smartphone apps to help you plan trips on the MBTA, buy Commuter Rail tickets, pay for parking, and report safety concerns to the Transit Police.

All MBTA apps are available for free from Google Play and the Apple App Store.

#### **Trip Planning**

#### Transit App



The MBTA-endorsed Transit App is the best way to plan your trips around Boston. Use the app to find the nearest bus stop, train station, or ferry dock; see when the next bus or train is arriving; and find out how long your commute will be.









Photo credit: https://www.li.me/

#### **Commuter Rail**

#### MBTA mTicket



With the mTicket app, your smartphone is your ticket! Buy and redeem <u>Commuter Rail tickets and passes</u>, view schedules and service alerts, and quickly contact Customer Support.





#### **MBTA Commuter Rail App**



View schedules and service alerts for all Commuter Rail lines, and quickly contact Customer Support.





# GETTING AROUND TOWN

#### MBTA

#### Trolley/ Subway/T:

Your MIT ID is your "Charlie Card" (cheaper than a Charlie Ticket; (reg. \$2.90; Charlie card \$2.40)

The monthly LinkPass \$90.00

\*Request a student discount month pass through Atlas Center

**Buses:** 

\$1.70

#### **Commuter Rail:**

Varies from \$2.40-13.25

#### Zip car:

**Discounts** available for MIT students





Photo credit: https://en.wikipedia.org/wiki/Bluebikes

#### **BLUE BIKE**

Single Trip \$2.95; Unlimited access to 2-hour trips in a 24hour period - \$10; \$109 / year, \$50 / year for MIT employees and students!

https://webcert.mit.edu/facilities/transpo rtation/bluebikes.html





## WEEKEND COMMUTER RAIL

#### **\$10 Commuter Rail weekend passes** (unlimited Sat & Sun travel). Can buy on train.









# GETTING OUT OF TOWN (NY, D.C. ETC.)

Several Options:

Rail - Amtrak (regular, pass, etc.) Book early!

Bus - FlixBus, Greyhound

Flight – Google Flight & others. Book early!

https://www.wanderu.com/en-us/

Check the **Wanderu** website to compare train/bus prices







## BEACHES ACCESSIBLE BY PUBLIC TRANSPORT

https://mommypoppins.com/bc ton-kids/beaches-lakes/take-the train-to-these-10-boston-areabeaches





# **CARSON BEACH**

Take the Red Line to JFK/UMass and walk 10 minutes to the beach.







Source: Jana Groh, Shutterstock



## **REVERE BEACH**

Take the Blue Line to Revere Beach; the beach is right across the street!

In July, enjoy the Revere Beach International Sand Sculpting Festival

http://reverebeachpartnership.com/sandsculpting-festival/









Photo credits: google





# FUN DAY TRIPS NEAR BOSTON





## WALDEN POND AND CONCORD

Take Commuter Rail to Concord to explore the town

Take \$20-30 Uber to visit pond





Photo by Wikipedia

Photo by BlueLobster-Grill



## ROCKPORT

Take the commuter rail to its final destination and enjoy the beaches and small-town charm!

Note: Take the Commuter Rail here using the \$10 weekend pass!







Photo hv ibarrettrealty co



Photo credit: landvest.cor

## SINGING BEACH AT MANCHESTER-BY-THE-SEA

Enjoy the beautiful beach (\$7 entrance fee per person).

Note: Take the Commuter Rail here using the \$10 weekend pass!









## **CRANE BEACH**

~1 hour drive outside of the city

#### OR

Take the Commuter rail to Ipswich and then a shuttle to the beach

http://ipswichessexexplorer.com/tra nsit\_info.htm

It consists of a four-mile-long (6 km) sandy beachfront, <u>dunes</u>, and a maritime <u>pitch pine</u> forest. Five and a half miles of hiking trails through the dunes and forest are accessible from the beachfront.

Note: Take the Commuter Rail here using the \$10 weekend pass!







Photo credit: brown.edu/about



# Photo credit: waterfire.org

# PROVIDENCE, RHODE ISLAND

Visit Brown University and experience <u>Waterfire</u>, an annual event that runs multiple times throughout the summer/fall.

Note: Take the Commuter Rail here using the \$10 weekend pass!





# PLIMOTH PATUXET MUSEUMS

Take a Commuter Rail train to the Kingston/Plymouth station.

OR From Boston Logan Airport, bus transportation is available to Plymouth.

\$32.00 admission for MIT ID holders at MITAC for combo tickets

(Reg. Ticket is \$40)

Note: Take the Commuter Rail here using the \$10 weekend pass!





## SIX FLAGS NEW ENGLAND

Location: Agawam, MA \*Note: you will have to drive ~2 hours

https://www.sixflags.com /newengland





### **BODABORG**/ **ESCAPE THE ROOM**

**BODABORG**:

90 Pleasant St, Malden, MA 02148

Escape the Room:

33 West St 3rd floor, Boston, MA 02111







## PICK YOUR OWN FRUITS & VEGETABLES

Pick your own Harvest Calendar: <u>https://www.pickyourown.or</u> <u>g/MAharvestcalendar.htm</u>

Favorite Farms (including petting zoos and cider donuts!):

**Smolak Farms** 

**Honey Pot Hill Orchards** 





Photo credit: MIT spouse and Partners

## ACTIVITIES FOR CHILDREN







#### \$9 admission for MIT ID holders

(Reg. price: \$20/adult)

ages 1+ (under 12 months are free)







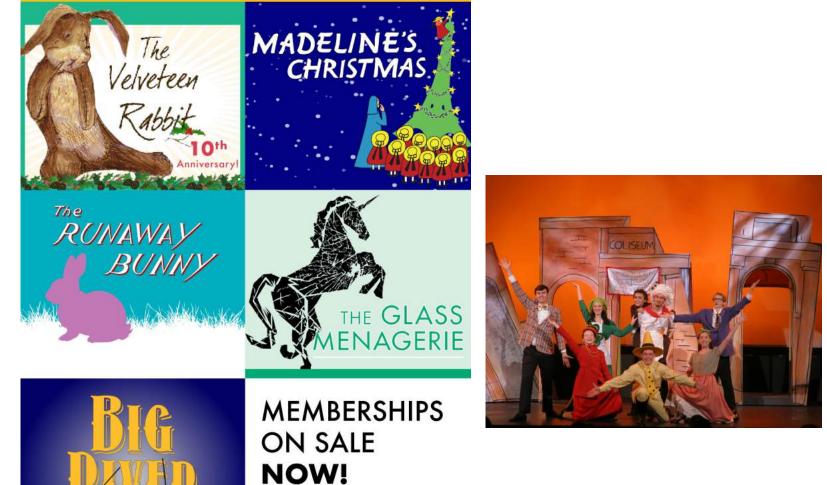
## FRANKLIN PARK ZOO

Adult: \$22.95 Senior (62+): \$20.95 Child (ages 2-12): \$15.95 Children under 2: Free

Take the **Orange Line** or Commuter Rail to Forest Hills Station, then take the Route 16 bus to Franklin Park Zoo.



#### BOSTON CHILDREN'S THEATRE | 2018-2019 SEASON





Boston Children's Theatre 100 Cummings Center, Suite 506-E Beverly, MA 01915

BOSTONCHILDRENSTHEATRE.ORG | 617.424.6634



#### **Find Free/Cheap Events around Boston**

#### thebostoncalendar.com

- Weekly lists such as "90 FREE things to do this week" and "86 things to do this weekend"
- You can filter events by category, including "free" and types of events, as well as by date.



Photo by todd kent on Unsplash



## THE BOSTON CALENDAR

The **Boston Calendar** is a place for Bostonians (and non-locals) to find interesting, fun, under-publicized, mostly-free **events** happening around the city ...

Berklee Summer in the City: Free Concerts by Berklee College of Music students!

Check the ISO <u>Explore Cambridge &</u> <u>Boston website</u> for other ideas!



- This slideshow was created for an event called Discover Boston held on May 8, 2019 by the International Scholars Office (ISchO) and revised for multiple events for ISO, most recently in July 2022.
- Please note: information including upcoming events and ticket prices may be out of date. Please review the most up-to-date information online when making plans, especially due to possible COVID restrictions.

