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goals for our time together

- 1. information sharing
- 2. approachable interventions







What are your current financial concerns or pririties?

Nobody has responded yet.

Hang tight! Responses are coming in.



3 major areas of concern







how to budget

50%	fixed	rent and bills
30%	flexible	groceries, food, entertainment
20%	savings	future goals





saving vs. investing

what's your budget? what are you trying to do? what's your level of risk?





ROTH IRAs





different ways to save

Goal-oriented savings	Time-oriented savings
contribute slowly until you accomplish the goal	determine contributions based on timeline



use a financial timeline



financial recap/review	january
winter shopping	may-july
holiday travel	4 months (august-september)
moving expenses	6 months-1 year (november-december)
pre-planned travel	6 months-1 year



different kinds of "savings"

goal: travel fund	timeline: moving costs
Goal: \$1000	Goal: \$3000 by July 2025
Timeline: none	20 months
Contribution: \$50/month	\$150/month
+ Additional funds	\$38/ week





helpful reminders

accept what is important to you

something is better than nothing

reframe the "no"



remember: we're here to help!

contact us for 1:1 appointments or program requests!

